



The Arlington Advocate

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New Paramedic Service May Open In 10-Town Region

BY ERIC BLOM

A consortium of local hospitals is asking 10 town governments to adopt an emergency medical system supporters say will save lives each year.

The North Suburban Emergency Medical Consortium — composed of Choate-Symmes Health Services, Inc., Winchester Hospital and Lahey Clinic — hopes to treat serious trauma patients in a 10-town region that includes Arlington.

But first they must get the approval of state and local governments.

The Board of Selectmen voted July 17 to join the system.

The consortium will offer a paramedic-driven ambulance to Arlington and Winchester. The rest of the region will be offered a paramedic-driven Bronco that is not capable of transporting patients to the hospital.

Paramedics — a type of emergency care professional — are more extensively trained and equipped than Emergency Medical Technicians (EMTs) who drive Winchester and Arlington ambulances.

The paramedics must receive 1500 hours of training before they are certified by the state to "bring an emergency room to the scene."

While all principals agree Advanced Life Support (ALS) treatment would be beneficial, there is some concern about whether the ambulance will hurt existing programs.

Currently, Arlington and Winchester both have ambulance programs administered by their fire departments. The towns receive money from insurance companies



Services of the Arlington Fire Dept. rescue vehicle may be augmented by a private emergency response program. (Staff photo by Paul Drake)

each time the ambulance transports a patient.

If a consortium vehicle carries the patient, the town will not be paid.

"It could be a question of jobs, I'm not sure," says Anthony Bonhomme, president of the Firefighter's Association of Arlington. "It's relatively new, and there's a lot of questions to be asked and to be answered."

He suggests a two-Bronco system might serve the towns equally well and ensure the integrity of the current ambulance system.

Arlington's Board of Selectmen and representatives of the consortium

have each promised that the ALS system will not replace existing fire department services.

"It is in no way intended to replace existing services, and it, in fact, cannot," says Neil Stroman, consortium chairman. "If the new ambulance can't make as many runs as the Basic Life Support (BLS) ambulance can," he adds, "it is supplemental."

"You're comparing apples and oranges. There's a difference in capabilities between the two systems."

ALS Capabilities

"Basic Life Support can transport, but it cannot do definitive life support at the scene," Stroman says. "It cannot stabilize a patient."

Paramedics have the equipment to be in constant contact with the hospital, and the physician on the other end of the line has authority to prescribe more advanced medical treatment than current ambulance drivers can implement.

ALS personnel can administer intravenous solutions, transmit EKG readings to the hospital and shock a patient's heart back to life with a defibrillation machine.

Ambulance drivers now serve a "maintenance" role, offering few measures to improve the state of the patient's health, according to Stroman.

"The whole system is good," firefighter Bonhomme says. "We're not against ALS. We think it's great, in fact."

"For certain types of patients, you improve their chance of survival [with ALS]," Stroman says.

Nationally, Basic Life Support revives 6 percent of heart arrest patients while paramedics bring back 20-35 percent, according to the state office of emergency medicine.

Program Costs

Although most agree the ALS program would be helpful, the program is not without costs.

Towns will have to replace lost revenue when the ALS ambulance carries a patient to the hospital instead of the town vehicle. (Please see MEDIC, Page 5)

Toxic Wastes Threaten Lakes

BY ERIC BLOM

As the Aberjona River travels south from Reading headwaters to its Mystic Lakes basin, the waterway is exposed to toxic wastes in Woburn's Industri-Plex site — where poisonous chemicals were produced for 130 years.

Benzene and toluene contaminated groundwater is traveling toward the Aberjona at the rate of one foot per day and could be swept into the river by a severe storm, according to Richard Leighton, Industri-Plex project manager for the Environmental Protection Agency.

The river's banks are arsenic, lead and chromium poisoned soil.

However, tests show the river has not yet been contaminated, Leighton says.

Last week, the EPA held a public meeting in Woburn to discuss clean-up proposals suggested by Stauffer Chemical Company.

Stauffer — which is liable for some of the clean-up costs — used animal skins in glue production for many years, and the company's rotting hide piles are one of the main pollutants at the site.

From 1833 to 1931, several companies made chemicals for textile, leather and paper manufacturing industries on the Woburn property. The production left behind arsenic, acetic acid and sulfuric acid byproducts at the Industri-Plex site.

In the late 1960s, a developer bought most of the land and planned to build an industrial park on the Industri-Plex site, but hide piles and other dangerous wastes were unear-



Wastes from a polluted site in Woburn may taint Mystic Lakes. (Staff photo by Paul Drake)

theded during construction.

The development caused some liquid wastes to seep into nearby wetlands, and federal officials were able to get a court order stopping further construction because of environmental laws to protect such areas.

The site has been a priority on the federal government's Superfund clean-up list since December 1982, and the EPA asked Stauffer, a former principal owner of the 120-acre site, to produce a report on how the clean-up should take place.

The chemical company suggested

three actions at the July-17 public meeting: covering exposed hide piles with dirt, capturing and treating groundwater, and installing a gas ventilation system to divert odors.

Stauffer's plan calls for five ground wells to capture the water as it leaves the site and pump it to a treatment tower.

Once there, the water will cascade from the top of the structure as high-powered fans blow air past the water, causing the toxic chemicals to evaporate.

The purified water — which Stauffer says will be 99.9 percent benzene

free — would then be released into Hall's Brook on the site.

Stauffer has further suggested covering the hide piles as well as 40 acres of chemically contaminated soil with dirt.

The chemical company's proposals would cost \$12,800,000 to implement, according to a report released by the EPA.

Monsanto Company, another former owner of the Industri-Plex property, generally supports Stauffer's suggestions but will have some ideas of its own, Monsanto officials said at the public meeting.

Another proposal involves consolidating contaminated soil, fencing this area from public access and diverting the Aberjona away from the hazardous region, according to the Stauffer report.

Changing the river's course would be particularly important while the soil is being moved, according to Leighton, because machine-thrown dirt could easily land in the river.

The rerouting would not have an effect on the course or flow of the river outside Woburn, he says.

The EPA is accepting comment on Stauffer's proposals until Aug. 1, and the federal agency will make its final decision on how the clean-up is to be accomplished by the early fall, according to Leighton.

To comment on the Stauffer report write to:

United States Environmental Protection Agency
Room 1903
JFK Federal Building
Boston 02203

Trial Date For Pirkle Murder To Be Picked

A pretrial hearing will be held today for Shawn Boucher, 17, charged with murder in the April 21 Arlington stabbing death of a 19-year-old Lexington resident, James Pirkle.

A trial date will be set during the hearing, according to George Murphy, assistant district attorney prosecuting the case.

Boucher, a Bailey rd. resident, is free on bail and will be summoned for the hearing, Murphy said.

Until recently, principals in the case did not know whether the hear-

(Please see TRIAL, Page 18)

Another Mass. Ave. Bank Is Robbed

Leader Federal Bank, 190 Mass. ave., was robbed of \$1800 July 19 by a man who claimed to have a gun.

It is the second such robbery in Arlington this month.

A man described by police as white, slender, 5-feet, 10-inches tall, with dark hair and a beard entered the building at 1:53 p.m.

He walked to a teller and showed her a note through the glass, saying, "I have a gun. Give me all your 20s, quickly," according to Police Director John Carroll.

No gun was shown.

The teller handed the man all her \$20 bills. The man walked from the bank and headed in the direction of Prentice rd., Carroll said.

Several bank cameras took pictures of the man and the photos have been sent to police throughout the country, Carroll said.

Leader Federal has suffered another robbery recently.

William D. Braga, 35, of Fall River man is accused of robbing the BayBank on Mass. ave. June 27 and the Leader Federal Bank in Lexington. He was arrested July 8.

He has been charged with two bank robberies in New Bedford, Taunton and Providence, R.I. police have outstanding warrants for his arrest for bank robberies in those cities.

Last month's Leader Federal robbery was the first in about a decade for the financial institution, according

to David Conley, senior vice president for the bank.

None of the bank's seven branches has been robbed during that period, and this is the first time the Arlington Leader Federal, opened in 1974, has been robbed, Conley said.

The teller who received the threatening note acted correctly, according to Conley. She gave him the money without a confrontation and tripped the alarm as soon as she thought it was safe.

Police arrived at the bank but the culprit had already fled the area, Carroll said.

There are no suspects in the crime at this time, he added.



Mark Power takes his turn on a rope swing at Summer Adventure, a Recreation Dept. program based in Menotomy Rocks Park. (Staff photo by Paul Drake)

Recreation Dept. Works To Keep Town At Play

In and around Arlington High School, dozens of kids are at play.

On one baseball field, 5-year-olds are swatting at rubber balls on the T ball stand. Older kids practice their batting and baserunning on another field.

In the gyms, kids are tiptoeing across the balance beam, trying backward walkovers or practicing lay-ups on the basketball court.

And across Arlington, at the playgrounds and in the parks, kids are spending summer hours under the sponsorship of the Recreation Dept.

The Recreation Dept. offers about 1,600 spaces in summer activities for kids, hiring 57 summer employees and spending a budget about \$65,000 — almost all of which comes back in fees.

In addition, the department "hires" 60 youths under the Workrecreation Program. These kids assist camp counselors and program supervisors, earning not cash but credit toward other Recreation Dept. activities. Many will put their credits toward ski trips this winter which may cost other residents \$80 or \$90.

Workrecreation allows the department to pick up more workers and gives the kids job experience. "We treat them like regular employees," says Recreation Supervisor Debbie Hayes.

"They have to call in sick when they're sick. We have them do their time sheets; they have to wear the official shirts."

One recent day, workrecreation

The department does not know how many residents it affects. "If someone watches a softball game, is he participating?" asks Debbie Hayes. "I consider that he is."

workers are helping supervise campers at Preschool Corner, a program for children 3 to 5 in at the Menotomy Preschool at the high school. This day, as occasionally happens, special needs kids from Camp REACH are mainstreamed into the program.

Some of the workrecreation workers play with kids in a sandbox. Another oversees kids on the jungle gym. When one camper takes a small fall and ends up in tears, workrecreation employees are there to comfort him.

"We help the kids do activities and crafts and help supervise on field trips," says Bruce LaValle, 13, who has been in workrecreation five years.

Other kids Bruce's age have opted to be campers in, not workers for, other Recreation Dept. programs. Across from Preschool Corner, kids are playing one of their last games of baseball of the session.

"Tomorrow is a contest day," says Mike Toomey. Contest day marks the end of a two-week session. "We'll have a homerun derby, round-the-

base races, a distance throw."

The Recreation Dept. also offers soccer, tennis, basketball and gymnastics clinics.

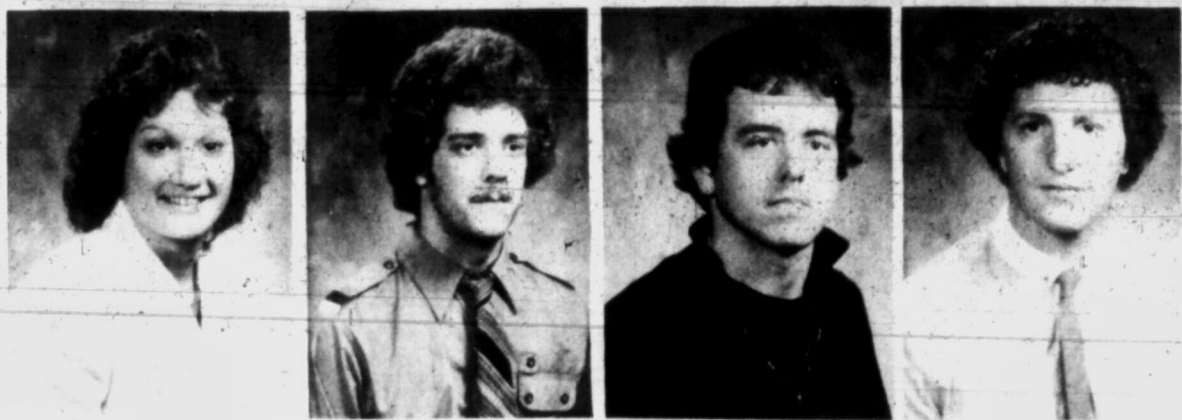
Some kids, however, opt for camps with a wider range of activities. At Camp REACT, 72 youngsters in six groups play games, do crafts, go to Reservoir Beach or on field trips. "We don't let them go inside too often," says Hayes. "That's not what we're about. We're about being outside."

Summer Adventure, which is based in Menotomy Rocks Park and is always full, teaches outdoor skills to kids in fifth through seventh grade. One day, a group of kids is practicing their canoeing. They paddle around on Hill's Pond, trying to pick up balloons that have been set out on the water. This often takes a lot of maneuvering, as the balloons keep blowing away.

Another group of kids tries to build a fire using a single match, but isn't having much luck. They have gone through almost a whole pack of single matches. "We had it until we put too

(Please see RECREATION, Page 18)

Local Graduates



Wentworth Institute graduates include, from left to right: Corinne Byre, 76 Bartlett ave., civil engineering technology, associate in engineering degree; Brian G. Everett, 97 Hathaway circ., computer engineering technology, associate in engineering degree; Joseph C. Moir, 37 Rublee st., electronic technology, associate in applied science degree; Michael Pecci, 56 Pine Ridge rd., with honors, architectural engineering technology, associate in engineering degree.

From Framingham

Eleven residents received degrees from Framingham State College.

Bachelors' degrees went to Patricia Cowie, 22 Beverly rd., Susan Lee, 2 University rd., Carole Theriault, 21 Milton st., Susan Duserick, 34 Robbins rd., Barbara Severino, 10 Longfellow rd., And Virginia Shannon, 35 Sherborn st., Michele Hermle, 30 Lakehill ave., Susan Weidner, 145 Gray st.

A master in elementary education degree was earned by Karen Anne Krall, 281 Summer st. An M.S. in food and nutrition went to Susan Elizabeth Delacy, 449 Mystic st.

Master's in health care administration degrees went to Elisabeth Ann Wallin Logan, 7 Mary st., and Roberta Margaret O'Connor, 42 Robbins rd.

Lagace Graduates

Pamela J. Lagace received a bachelors degree in design at the Southeastern Massachusetts University commencement on June 2.

Nursing Grads

Janet Downey, the daughter of Mr. and Mrs. William Downey, graduated from a three-year nursing program at the Newton-Wellesley Hospital School of Nursing through Mass. Bay Community College in Wellesley Hills on June 22.

Downey is a graduate of Emmanuel College, where she received a BS in 1981.

Laurie Blake was among 33 graduate nurses to receive a diploma from the Malden Hospital School of Nursing recently.

The daughter of Mr. and Mrs. Jeffrey Blake, she completed a three-year program given by Malden Hospital.

Maranian Masters

Alan L. Maranian, formerly of Arlington and residing in Leominster, received his masters in materials of science and engineering degree from Rochester Institute of Technology, June 9.

Pazar Gets J.D.

Steven Emmanuel Pazar received a juris doctor degree from the Vermont School of Law on Saturday, May 18. Pazar, husband of Janet Turner and son of Mrs. Despina Pazar, was a graduate of Arlington High School in 1976. He has also received both his B.A. and M.S. in Agronomy/Soil Science from Purdue University in 1980 and 1983, respectively. Mr. Pazar will be taking the Mass. Bar Exam later this summer.

Boccaccio Degree

Cynthia Boccaccio of Arlington graduated from Bay State Junior College last month. She was awarded the associate of science degree in the medical assisting field. Ms. Boccaccio, a long time resident of Arlington, attended Northeastern University, and received her bachelors degree in physical education. Prior to attending Bay State Junior College, Cynthia was a gymnastics teacher.



Christine A. DeVito, daughter of Mr. and Mrs. Alfred M. DeVito of Watertown, formerly of Arlington, graduated from St. Elizabeth's Hospital School of Nursing, Boston. She is a graduate nurse at St. Elizabeth's.



Ann M. DeVito-Hannaford received her B.S. in accountancy from Bentley College. A consistent dean's list student, she was elected to the Honor Society upon graduation. Hannaford is a 1980 graduate of Arlington Catholic High School and daughter of Mr. and Mrs. Alfred M. DeVito of Watertown, formerly of Arlington.



Kim Clarke of Walnut terr. graduated from Cambridge Catholic High School. She plans to attend Fisher Junior College, majoring in early childhood development.



Linda A. Wahlefield received her degree in nursing from Middlesex Community College.

Kalustian M.D.

Karen Sue Kalustian received her M.D. degree from the Medical School of the University of Massachusetts at Worcester. She received several awards for excellence in scholastic achievements.

Dr. Kalustian will continue her training at the Maine-Dartmouth Family Practice Center Residency Program in Augusta, Maine.

She is the daughter of Carter and Beatrice Kalustian of Arlington and granddaughter of the late Mr. and Mrs. Setrak Kalustian of Arlington and the late Mr. and Mrs. George D.M. Derderian of Detroit.

She is a graduate of Arlington High School and received her B.A. at Hampshire College in Amherst.

Tufts Degrees

Eight residents received degrees from Tufts University.

Kathleen Daly Canty, 95 Richfield rd., who majored in English and child study, received a B.A. cum laude. Elisabeth Anne Carr-Jones of 1 Lehigh st. received her B.S. degree in mechanical engineering magna cum laude.

Peter Gregory Erickson of 29 Bartlett ave., who majored in education and counseling psychology, received a master of arts degree. Gwendolyn Susan Forgie of 11 Stony Brook rd., who majored in Soviet and East European studies, received a B.A. degree magna cum laude.

Loren Hughes Hilgenhurst of 61 Spy Pond lane, an education major, received a master of arts degree. Eugene Han-Ling Loch of 36 Milton st., a mechanical engineering major, received a B.S. degree.

Rosemary Murphy O'Brien of 2 Newland rd., a chemical engineering major, received a M.S. degree. William John Shea of 9 Lincoln st. graduated cum laude with a B.S. in civil engineering.

Nine Suffolk Grads

Nine Arlington residents received degrees at the Suffolk University commencement in Boston on June 9.

Steven P. Brendemuehl of 27 Colman rd. received a bachelor of science degree. Brendemuehl is the son of Mr. and Mrs. Dale Brendemuehl. He is a 1981 Arlington High School graduate.

Laura M. Bishop, daughter of Mr. and Mrs. Gerald Bishop of 140 Wright st., received a bachelor of science degree in business administration. A 1981 graduate of Arlington High School, Bishop is the senior insurance coordinator at Commonwealth Mortgage Co. Inc. in Boston.

Patricia Marie Johnson, a sales representative for Guardian Marketing Associates in Medford, received a bachelor of science degree. She is the daughter of the late William and Helen Johnson of 57 Orvis rd.

Frederic G. Seavey of 24 Daniels st. received a bachelor of science degree and graduated cum laude. Son of Mr. and Mrs. Frederic Seavey, he is a graduate of Arlington High School and is now a biologist for the United States Dept. of Fish and Wildlife in Annapolis, Md.

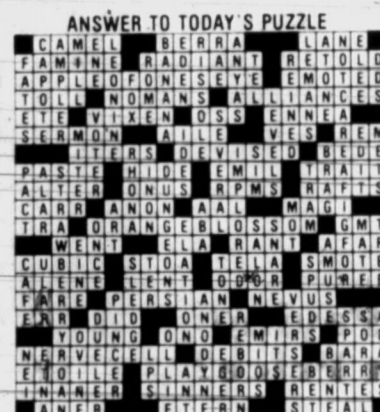
Elizabeth Regan, a magna cum laude graduate, received a bachelor of science degree. Regan, of 20 Pelham terr., is the daughter of Mr. and Mrs. William Regan. She is a graduate of Arlington Catholic High School.

Charles P. Cullinan, son of Mr. and Mrs. Thomas Cullinan of 116 Mt. Vernon st., graduated magna cum laude with a bachelor of science degree. He is a 1981 graduate of Arlington Catholic High School.

Lydia E. Earle of 36 Cleveland st. graduated magna cum laude with a bachelor of science degree. A graduate of Arlington High School in 1976, she is the daughter of Mr. and Mrs. Antoun Balich of 296 Summer st.

Patricia Loria of 71 Glenburn rd. received her masters in business administration. Daughter of Mr. and Mrs. Fred Manning, she graduated from the University of Dayton in Ohio in 1978.

The wife of Dennis Loria, she is currently a senior programmer for New England Telephone in Boston.



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ARLINGTON CABLESYSTEMS

Salutes community television producer

Carol Gordon

1985 Hometown USA

Award Winner

"Spotlight on the Arts"

Best Single Performing Arts Program



Arlington resident Carol Gordon (center) receives the Hometown USA Award from Susan Buske, Executive Director of the National Federation of Local Cable Programmers (left) and Rika Welsh of the NFLCP Board of Directors.

In the past, Arlington Cablesystems has won several honorable mentions, but we are especially proud of Carol being the first Hometown USA winner.

Congratulations Carol!

Choate-Symmes Medical Record

Vol. 1, No. 2

July 1985

Choate-Symmes Endocrinologists Establish Major Diabetic Care Program

Comprehensive, state-of-the-art treatment for diabetes is now available close to home at Choate Hospital in Woburn and Symmes Hospital in Arlington.

Two members of the Choate-Symmes Medical Staff, specialists in internal medicine with subspecialty in endocrinology, have established a major treatment program at the two community hospitals which is equal to any offered at intown medical centers.

They are supported by Choate-Symmes ophthalmologists, for specialized treatment of eye disease; neurologists, for nerve disorders; cardiology, for heart disease; vascular specialists, for circulatory

disorders; podiatrists, for foot problems; and other specialists as needed, for direct or consultative care.

The health care team also includes a full-time diabetic nurse clinician and other RN's, all with additional training in diabetes care; dietitians; physical therapists; and social workers.

A close relationship with the patient's personal physician is maintained, making a continuity of care a reality in inpatient, outpatient, and call-in services. Education is vital. The newly formed Symmes Chapter of the American Diabetes Association meets monthly.



JONATHAN K. WISE, M.D.
Harvard Medical School
Univ. of N.C. Medical Center
(internship and residency)
Yale University (residence and Fellowship in Endocrinology)
Teaches at Harvard Medical School



GARY I. PORTNAY, M.D.
Chicago Medical School
St. Vincent's Hospital, N.Y.C.
(internship and residency)
Fellowship in Endocrinology at St. Elizabeth's Hospital, Boston
Teaches at Tufts Medical School

If your physician is a member of the Medical Staff at Choate-Symmes Hospitals, Inc., and uses one or more of our facilities, you can be confident that you are receiving high quality medical care. For physician referral, call our facility most convenient for you:

Choate Hospital
21 Warren Avenue, Woburn
933-6700

Symmes Hospital
Hospital Road, Arlington
646-1500

Regional Health Center in Wilmington
500 Salem St., Wilmington
657-3910

Pair Produce Video About Fair Housing

BY AARON ZITNER

Two young black children in my class were talking about places in urban Boston where they could and couldn't go. It made the rest of the class feel different. Just for the children to hear that was extraordinarily important, opening their minds to that experience.

The speaker is Nancy Crasco, who teaches in the two Arlington junior high schools. She is one of two dozen people who appear in a new locally produced video called "How Do You Feel About Fair Housing? A Conversation With Our Neighbors."

The half-hour video, produced by Debbie Chang and Miriam Stein of the town's Fair Housing Advisory Committee, gives its audience the same experience concerning housing discrimination that Crasco's two black students gave the class.

To an audience that may never have experienced discrimination, it presents the stories of two families who have — a black couple and a white single mother and her daughter.

The video also presents the opinions of town residents — among them realtors, clergy, School Supt. Walter Devine and Selectman Robert Murray — and discusses the role of the Fair Housing Office.

The tape will be used as a promotional tool for the town Fair Housing Office, which in the past has taken personnel directors of businesses on tours of Arlington and advises minorities hoping to move into town.

The tape will be available to businesses employing workers who may relocate to Arlington. Already the Route 128 firm Mitre Corp. has shown interest in the tape. Mitre currently includes literature from the town Fair Housing Office in its packets for new employees.

The tape was funded with about \$750 of federal grant money allocated by the town. It was conceived by Chang and Stein, who had taken video production classes at Arlington Cable Systems, which advised the pair on their project.

"We worked on it for about 10 months," says Chang. "Hollywood does things a lot faster."

"We wanted to show a couple of families who had experienced discrimination and what it was like for them on a human feeling level," she says. "We wanted the message out that discrimination hurts, that fair housing is a priority of this town, that on this town people feel it is an important moral obligation and that if people choose to discriminate there are legal penalties."



Margaret Pickett interviews residents in "How Do You Feel About Fair Housing?" produced by the Fair Housing Advisory Committee

ple choose to discriminate there are legal penalties.

In the tape, Denise and Herman, described as a "professional couple" who now live in Arlington, tell about touring one apartment in Watertown. "The lady took one look at us and her chin hit the floor," Herman says. "She went through the motions of showing us the apartment but told us bad things about the apartment."

"There is nothing you can change about who you are or do to change the way people see you; it's not a matter of credentials," says Denise.

Joan, a secretary who also now lives in Arlington, tells about looking for her apartment. "In the beginning I would say it was for myself and my daughter. The response I got was 'a woman alone can't pay the rent,' or 'we feel a woman alone will leave her child at home all the time.' I got angry because I don't feel I'm that kind of parent."

Joan explains that the Arlington Fair Housing Office helped her by "keeping me posted if something became available in my price range. They're also a sympathetic ear when I got all disillusioning responses on the phone."

In another section of the tape, residents talk about the fear some people have of minorities moving into town.

"When they think of fair housing, they think of people unlike us coming into town and overtaking us," says one resident, adding that the fear is irrational. Another speaker says this is just fear of the unknown.

The number of minorities does not affect property values, adds Claire Maytum of Pennell & Thompson real estate agents. "It's a fear people have but it is not reality," she says. Both the number of minorities in town and real estate values have gone up, she adds.

A number of residents interviewed say that a mix of ethnicities enriches the lives of all residents. "Democracy has to be lived, you can't just teach it," says Elizabeth Thompson of the League of Women Voters. "If this town were not open to all sorts of people, our children would not have a basis for tolerance, and that's what democracy is."

At the end of the tape, Mass. Commissioner Against Discrimination Alex Rodriguez explains what landlords can and can't consider when choosing tenants.

"You can use a person's ability to pay the rent if it's a rental or the ability to purchase if a sales situation," he says.

"One can consider previous rental experience or living history — were these people good neighbors. You can consider those variables. That's it. The law says you cannot go beyond those variables."

"What Do You Think About Fair Housing?" will be shown on Arlington Cable Systems on Monday, Aug. 5 at 7 p.m.; Wednesday, Aug. 14 at 7:30 p.m.; Thursday, Aug. 22 at 8 p.m. and Tuesday, Aug. 27 at 6 p.m.

Carol Gordon edited the tape. Camera work was done by Bob Collier, Carol Gordon, Glen Koenig, Mike Leone and Len Tommaro.

Police Make 10 Arrests Last Week

The Arlington Advocate

Police Log

A 16-year-old East Arlington man bit Inspector James Moran in the right side of his chest July 17.

The officer was attempting to arrest the youth on four warrants, but the youth fled the scene. Moran chased and caught the youth, and the bite happened during the ensuing struggle, police said.

The juvenile was arrested for two counts of assaulting a police officer as well as the four outstanding warrants.

Other Arrests

A 16-year-old and a 17-year-old East Arlington youth were arrested July 20 on charges of larceny from a person.

Police say a witness saw one of them bump a 14-year-old Dorchester boy while the other took \$25 from the boy's pocket.

The incident allegedly took place on the corner of Broadway and Alton St.

A 29-year-old Waltham man was arrested July 20 on Mass. ave. for speeding and operating under the influence. The man was traveling along the road at 60 to 70 miles an hour, according to the arresting officer.

A 24-year-old East Arlington woman was arrested July 17 for idle

and disorderly conduct after she allegedly refused to leave the area of a personal dispute and used abusive language.

Police took her to the Symmes Crisis Center for observation and she was later released.

A 64-year-old man was arrested July 18 for violation of an abuse petition.

Police arrested a 36-year-old East Arlington man July 18 at the site of a Fremont ct. accident. He was charged with operating under the influence and operating without a license.

A 16-year-old Brighton youth was arrested July 18 at Spy Pond Field for trespassing.

Police took a 24-year-old East Arlington man into custody July 20 and charged him with disorderly conduct.

A 38-year-old Iowa man was arrested on charges of operating under the influence and failing to keep right

of the dividing line. Police say his car — traveling along Mass. ave. at five miles per hour — was weaving from one side of the road to the other.

Housebreaks

Someone took a pocketbook containing keys, a license, a bank book and checks from a Pelham terr. home July 17.

A chair was damaged and money was taken July 18 when someone forced himself into a Fairmont st. home.

A burglar took \$100 cash from a Newman way home July 20, and someone took \$200 from a Walnut terr. garage July 21.

Vandalism

Paint was scratched on the trunk and left fender of a car on Mystic st. July 17. A right back up light was also broken.

Someone slashed four tires on a

car at the Colonial Village Apartments and two on a trailer July 20.

Brake fluid was sprayed over a Summer st. car July 19.

A vandal smashed the windshield of a car in an Agnes st. parking lot July 21.

Thefts

A blue moped was taken from Pleasant st., and tools were removed from an Ivy Circle van July 16.

The town reported that a tall, white male went into offices at the Robbins House and stole \$5 to \$8 in bills and change.

Audiosonics, 159 Mass. ave. told police a customer took merchandise from the store without paying July 19.

Three clotheslines and the accompanying garments were taken from a Fremont ct. yard July 20.

Wood and Strings, 40 Mass. ave. reported two speakers valued at \$80 were taken July 20.

A bicycle valued at \$150 was taken from Boardway July 20.

Two tires were taken from a car on Park ave. July 21.

On July 22, a bicycle was taken from outside Christy's, 245 Mass. ave.

A wallet containing \$100 and credit cards was taken from a car on Gardner st. July 22.

Man, 23, Dies In Crash

A 23-year-old Arlington man and former Winchester resident was killed July 22 when his motorcycle crashed into a car on Park ave.

Wayne F. Simpson — a resident of 60 Newport st., Arlington, and until last year a resident of Parker rd., Winchester — was thrown 33 feet to a nearby lawn when his motorcycle slammed into the side of an automobile on the hilly street.

Both vehicles were travelling north on Park ave.

Simpson's Honda Magna V65 impacted with the car's driver-side door. The driver, Dixie Watt of Park ave., had begun a left hand turn into a Park ave. driveway.

Watt is a nurse and left her car to attempt CPR, but Simpson could not be revived.

Watt suffered cuts, bruises and a bump on her head, which broke the windshield. Simpson's vehicle broke

the side windows and pushed in the driver-side door.

She has not been charged with any traffic violations by the police.

Watt was taken to Lahey Clinic, treated and released.

Her two children — aged 6 months and 6 years — were shaken by the incident but did not suffer serious injuries. Both were in restraining seats.

They were treated at Symmes Hospital and released.

An obituary of Simpson appears on page 17.

A Medicare Note

People approaching 65 should know that they do not have to retire to get Medicare coverage, according to a local Social Security office.

The law provides for separate applications for retirement and Medicare.

Seniors Invited To Call

Free Hotline For Services

Seniors are encouraged to use the Executive Office of Elder Affairs' toll-free hotline, 1-800-882-2003, to tap into the elder services network throughout the state.

"The able staff manning the hotline can refer elders or the children of elders to the nearest Area Agency on Aging, to the appropriate EOE staff member, or to another agency," said Secretary of Elder Affairs Richard H. Rowland. "What we provide is a primary clearing-house for all home care services to the elderly, eliminating a lot of the mystery and a lot of the red tape."

He said that elders can access services ranging from case management to companionship and from protective services to personal care. For example, the Home Care program provides and coordinates a range of social ser-

vices which allows frail elders to shop, to bathe, to manage their money and to travel to doctor's appointments, in short, all of the daily tasks necessary to live independently.

"A call to the EOE toll-free hotline, 1-800-882-2003, gives seniors not only a direct line into state services for elders, but also into the Area Agencies on Aging and Home Care Services," Rowland said.

Pressure Testing

Will Be Monday

The Medi Mart Drug Store, 324 Massachusetts ave. will hold a free blood pressure screening for the public on Monday, July 29, from 9:30 a.m. to 2:30 p.m.

HAVE YOU HEARD?...

by PAUL J. CONNOLLY
Hearing Aid Specialist

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Hearing aids require their own kind of TLC (tender loving care). Here are some hints to ensure continued top-notch service.

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Health Views

DR. JOHN DEFILIPPO

ACHING BACK

Very few complaints are more common today than that of an aching back. It's been attributed variously to poor shoes, poor posture, poor beds, kidney problems, tiring work positions, constipation and any number of other causes. When in fact it is usually that these conditions are caused by misaligned vertebrae in the spine.

Sometimes the ache is not created where the pain is experienced — that is the irritation to the nerve may be in one area of the spine but the pain itself is located in another area. When a vertebra is misaligned causing irritation to the nerve root, the body tends to defend against further irritation by tightening and stiffening muscles, ligaments and tendons in the area where the spinal irritation is occurring. Because these tissues are in a constant state of tension, fatigue soon sets in and you have your typical aching back.

In the beginning the pain may not be so severe that it cannot be controlled by analgesics, but as time passes and inflammation and swelling occurs, the sufferer usually gives up on aspirin and tries hot packs or cold packs as a home remedy. These are also temporarily effective. There comes a time, however, when muscle relaxants and prescription pain killers become the order of the day. All the time the problem is becoming more deep seated and more difficult to correct. Your problem is not going away until the nerve irritation is removed by a realignment of the misaligned vertebra. Remember the five most dangerous words are, "MAYBE IT WILL GO AWAY!"

Dr. John P. DeFilippo maintains Chiropractic Offices at: 400 Massachusetts Avenue, Arlington, MA 02174. 617-648-1000.

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★ Medic

For Winchester, preliminary figures show the cost of taking someone to the hospital in an ALS vehicle would be \$250 a trip, much more than the current service cost of \$65.

Arlington would see such a difference as well, but it would be worth the money for those carried by the ALS ambulance, according to Stroman.

He says that even this higher figure for ambulance runs will not meet the costs of the ALS program.

"The system, given present reimbursement, will lose money," he says.

According to Stroman, the short-fall will be picked up by the consortium hospitals and Armstrong Ambulance of Arlington — the company which will provide the ALS vehicle.

Stroman says the hospitals are willing to take the loss as a service to the public.

Armstrong — which will take one of its 18 ambulances out of service for the program — says it will also take a loss on the venture as a service to the community, according to Bruce Wallace, operations manager for the company.

"Basically, it is a community service we hope to be involved in with the fire department," he says. "It is not a money-making premise."

Wallace says the system may lose money at first, but it could begin to break even or even make a little money when insurance companies realize its effectiveness.

He says ALS service will become more and more important in the future, and Armstrong wants to be in the forefront of the movement in this region.

"There is unanimous agreement that the service is worthwhile," Wallace says. "The funding is a hurdle we can overcome in the future."

"We are interested in maintaining our position in the community for providing ambulance service," he adds.

Currently, Armstrong ambulances serve as the back-up vehicles for Arlington's fire department when the town's ambulance is on a call or out of service for mechanical reasons.

Operational Concerns

Although funding is one concern officials and firefighters have, procedures and protocols of the plan must also be worked out.

On Tuesday of this week, Winchester's Town Manager, Chadwick Maurer, met with representatives of the consortium, the state firefighter's union and Winchester's Board of Selectmen to seek more information.

Unlike Arlington's Selectmen have taken a more cautious stance and don't plan to vote on the matter until the end of August at the earliest.

At the meeting, consortium representatives answered questions

about the operation of the system.

According to the proposal, the ALS system will only be used in life-threatening situations such as a serious car accident or a heart attack.

Both the ALS ambulance and the town vehicle will be dispatched by the fire department when preliminary reports indicate a life-threatening situation may exist.

The fire dispatcher bases the decision on a list of grave emergencies compiled by the consortium, town firefighters and the state office of emergency medicine.

Town personnel will generally arrive at the scene first, and if they determine that the ALS vehicle is not needed, they can cancel the call.

If, however, the ALS ambulance is called to the scene, it would be used to transport the patient to the hospital.

According to Wallace, the town would not be liable either for death or serious injury to the patient when he was in the ALS ambulance or for not dispatching the paramedics at all.

Basic Life Support is mandated by law, but Advanced Life Support is not, he says, and therefore no one could sue the town if the ALS ambulance was on another call or was never signaled by the dispatcher.

The Timetable

At this time, the consortium is seeking a certification of need from the state.

This process could take as long as two years but should take less time, Stroman says.

Once the O.K. is given, the pro-

(Continued From Page 1)

gram can go into affect "within three weeks," if all the towns' officials accept it, Wallace says.

Officials of the consortium estimate the ALS service could be used effectively in about 37 percent of all emergency ambulance calls.

Garden Club Lists Donors

Never underestimate the value of a tree. For most urban dwellers, trees provide a grab-bag of gifts. Along with beautifying the neighborhood, they increase property values, muffle noise, help modify temperature extremes, provide soil and watershed protection, and give a home to urban wildlife. Trees also act as effective air filters.

Many Arlington citizens, realizing the value of trees in our environment, have contributed substantially to Arlington Garden Club's Trees Please fund.

The most recent of these contributors are Jeffrey Wallace, Mrs. Helen Stinchfield, Mrs. Marjorie J. Cabral (in memory of Michael J. O'Hara), Aleha K. White, Harriet A. Karkut, Geraldine B. Howard, and Anne Gorton.

If you wish to contribute to this worthwhile effort, make your check payable to Trees Please and send to Phyllis Roberts, 155 Park Ave.

Fox, Dallin Hours Reduced

Hours at the Fox and Dallin libraries will be reduced beginning August 5 due to the loss of several library positions.

The positions of circulation assistant and information librarian at the Main Library and children's librarian for the two branches are vacant and cannot be filled due to the town's freeze on hiring.

The loss of the Children's Branch librarian position, a 33 percent reduction in full-time branch personnel, necessitates the cutback in branch hours. The loss of two positions at the Main Library will result in service cutbacks there.

The library will also be unable to meet the January 1986 deadline for completing the data entry for the automation project.

Although reductions in services will occur, the Main Library hopes to maintain regular hours of operation and reference services to the public.

The revised schedule for the Fox Branch will be Monday and Wednesday, 9 a.m. to 5 p.m., and Friday, 1 to 6 p.m. Dallin revisions are Tuesday and Thursday, 9 a.m. to 5 p.m.

Wednesday, Aug. 7, 10 a.m. to noon at the main library.

Children should bring a plain light-colored shirt to the library. A dark blue picture of a time machine with the words "Time Travelers" will be printed on their shirts.

Time Travelers is the theme for this year's reading club and other activities. Children are invited to join the club, enter the contest and pick up the Time Travel reading list.

Children's Movies Are Shown Weekly

Every week in the summer children's films are shown free at all three libraries. The same films are shown at the main library on Tuesdays at 10:30 a.m., at Fox on Wednesdays at 10:30 a.m., and at Dallin on Thursdays at 10:30 a.m. Please note the change in day and time for the branches. The schedule for August is as follows:

Aug. 6 to 8: "King of the Cats," "Winnie the Pooh and the Honey Tree"

Aug. 13 to 15: "Leopold the Seethrough Crumpicker," "Lonesome Ghosts," "Dorothy and the ABC's"

Aug. 20 to 22: "Chicken Soup With Rice," "Rip Van Winkle"

Aug. 27 to 29: "Mr. Magoo's Puddle Jumper," "Tortoise and the Hare," "It's So Nice to Have a Wolf Around the House"

Shirt Screening On 7th At Robbins

Because many children missed the opportunity to have T-shirts silk-screened with the library's Time Traveler logo, another time for silk-screening has been scheduled

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by MR. RICHARD

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Robbins Library Activities

'House Of Usher' Is Friday Film

The movie, "The House of Usher" will be shown free at the Fox Branch Library Friday, July 26 at 2 and 7:30 p.m.

Adapted from Edgar Allan Poe's classic story, it tells of Roderek Usher, a man obsessed by the fear of being buried alive, who accidentally entombs his sister's sister.

Awakening in the morgue, he goes insane and plots a series of revenge against his family, including brother Vincent, the artist.

Also on the bill is Jack Smith, Make-up Artist, the son of the Hollywood make-up artist extraordinaire who transformed Dustin Hoffman into a 90-year-old man in "Little Big Man" and Marlon Brando into "The Godfather" and created faces for "The Exorcist."

The Arlington Advocate Activities

Wellington Manor Sale This Friday

The Wellington Manor Nursing Home, 8 Wellington St., is having its annual Yard Sale and Bake Sale on Friday, July 26, from 10:30 to 3:30.

Many kitchen items, books, clothing, jewelry, and other usual yard sale items will be on sale. In case of rain will be held indoors.

All money raised at this event is deposited into the Resident Council Activity Fund. Residents vote on how they would like to use the money. Some of their past expenditures have included lunch at local restaurants, fall foliage tours, summer trips to the

ocean, special entertainment, Christmas presents for each resident, and for special parties.

Reunion Planned For Class of '80

A fifth year reunion for the Arlington High School Class of 1980 will be held Friday, Sept. 19.

If class members have not received invitations or know of someone with a forwarding address, please contact:

Chris at 643-9810, Nancy at 648-4152, Wendy at 643-5981 or Eddie at 646-9385.

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Advocate People



Thelma Sonnichsen in her Robin Hood rd. home. Arlington High School recently started a home economics scholarship in her name.

(Staff photos by Paul Drake)

Her Recipe For A Career: Teaching Cooking, Family And Initiative

By DIANE REZENDES

Thelma Sonnichsen says that she "likes to start projects. I'm not so thrilled with running them, but I like to get them started." In her 20 years of teaching at Arlington High School, Sonnichsen has launched many new programs: the Menotomy Pre-school, a visiting granddaughters program, a food service work-study program, and a student-run small business, to name a few. As diverse as they may seem, all of them are in the field of home economics.

This year, Arlington High School established a scholarship to honor Sonnichsen and her contribution to the community — and the first winner was a boy.

Sonnichsen says that many people have misconceptions about home economics. "It's a lot more than cooking and sewing. Home economics is anything that has to do with the welfare of the family, and that starts with interpersonal relationships.

"It involves values, decision making, budget and management skills. It involves art — especially design, as well as child psychology and, in the area of food preparation, chemistry, physics and bacteriology."

But home economics is cooking, too, and that's where Sonnichsen started her career. She earned her bachelor's degree in home economics from Iowa — which for her meant taking courses as varied as nutrition, chemistry, English, technical journalism and art. For seven years after graduation, she did social work.

Her real interest was in writing. While living in Cranberry, N.J., she combined her writing talents with her home economics training. Many children grew up with "The Betty Crocker Boys' and Girls' Cookbook." First published in 1957, it sold 250,000 copies in its first month. It has sold well over five million copies since then.

Recipes in the book include main dishes like Mad Hatter Meatballs and desserts like Sparkling Sugar Cookies. "Just the thing with a glass of lemonade," the book suggests. Black Cat Cookies are suggested for Halloween. "Firecracker" cupcakes are offered for Independence Day. The book teaches basic cooking skills without being condescending or patronizing to its young audience. The recipes are clearly written in a step-by-step format — so easy, in fact, that Sonnichsen says the cookbook was a favorite for many newlyweds learning how to cook.

Sonnichsen trusted the judgment and dignity of her young readers. In a sense, she had a dozen collaborators on the two-year project of putting the book together. Her son and 11 other

4-H kids were her test cooks. "The kids would prepare each recipe in their own homes and report back to me on how easy or difficult it was, how good it was, and so on." The publisher wanted mostly desserts, but the kids wanted to cook meals as well.

When she was sent artwork samples for illustrating the book, she was "upset with them. I see kids as



having sense, but these drawings were caricatures." Finally, after six artists submitted work, one was found who Sonnichsen felt "treated the kids as human beings." Her editor was furious at first, but the illustrations that appear in the book are those she selected.

For Sonnichsen, experimental cooking is not just for the kids in test kitchens. She did quite a bit while working in the test kitchen of Lever Brothers in Boston, a manufacturer of processed foods and household consumables such as soap and toothpaste. The testing she did mostly involved desserts, and she says that the company gave the cooks a free hand in deciding what they would cook and what ingredients to use.

"After the food was prepared, you could take it home if you wanted, but most of it was given to the Little Sisters of the Poor," she recalls. "The cooks would not only test new recipes; they would try to duplicate existing ones." Ruth Wakefield of the Toll House Restaurant in Whitman wouldn't give us the recipe for her toll house cookies. So one day we were brought some of her cookies and told, 'Here. Make these.' And we did. We would test and develop — you start with a basic recipe, and then modify it till it's right."

When the home economist and her husband began a family of their own,

she decided it was time to put some of her expertise to use in the home. She considers her most important accomplishment to be facilitating her husband's work and raising their two children. Although she made family her first priority during this time, she still liked to start projects.

She began a 4-H group in Cranberry, eventually serving as county leader. In her church, she was

Lawrence Anderson with the idea.

He told her that there were no jobs, but he wanted her to consider teaching home economics. Although she felt competent as a home economist, she was hesitant about teaching.

But he urged her to give it a try. And so at age 33, Thelma Sonnichsen began her formal teaching career.

Among the projects she initiated in

'Ruth Wakefield (of the Toll House Restaurant) wouldn't give us the recipe for her toll house cookies. So one day we were brought some of her cookies and told 'Here. Make These.' And We did.' —Thelma Sonnichsen

instrumental in creating a scholarship fund to assist a young man who wanted to go to college but didn't have the means. She started a homemaker service in Princeton, which the Kiwanis Club financed for two years.

She has worked for Planned Parenthood and sex education. She has written articles which appeared in Parents' Magazine and Family Circle, using the resources at her immediate disposal — her own children. One article she wrote on discipline was rejected after Parents' submitted it to a psychologist for review.

After reviewing the psychologist's comments, Sonnichsen changed her own disciplinary style. She later resubmitted the article, modifying it to reflect the psychologist's criticisms and her response to them. Parents' bought the article this time.

Sonnichsen moved to Arlington in 1960 when her husband began work at Harvard University. She volunteered at the high school "because I was bored. I'm a worker, and if I sit home and do nothing, I get nothing out of it."

She found that work didn't hold her interest, but rather than give up, she decided to seek her own creative outlet. She figured that with her skills as a social worker, plus about 20 years of working with young people, she would be a good guidance counselor. So she approached Assistant Supl. Dr.

the home economics department, perhaps her biggest achievement was the Menotomy Preschool. The Preschool is a nursery school run out of the Home Economics Dept. of Arlington High, and Sonnichsen feels, is "one of the best things at the high school. The students are the teachers. They plan the lessons and teach the children. They are only supervised by a teacher."

The preschool looks very much like a kindergarten classroom. There is a two-way mirror that runs the length of one wall so that students can observe the preschoolers as well as the other teachers. In addition to the regular classroom equipment, the kids have their own playground.

When the high school lets out for summer, there is no preschool, but the facility does not go unused. The Recreation Dept. uses it as a daycamp for preschoolers.

Sonnichsen says that the preschool provides two important services: "One is to the preschool group. They start to gain a sense of self-worth and begin at a very young age to be comfortable with being at the high school."

The other is that the high school kids gain self-confidence and self-worth, as well as career skills."

Not all of her students pursue early childhood education as a career,

but Sonnichsen is convinced that former Menotomy preschool teachers are better parents for the experience. Some do go on to education careers. Gina Massey, a former student, is now director and teacher at the ABC Preschool in Arlington.

Although another program Sonnichsen started, Visting Grand-daughters, no longer exists, she would like to see it reactivated.

"I tried to make it a course, but it didn't work. Some older people occasionally need help that a high school kid could do." So she set up a one-to-one program, matching an older woman with a 14 or 15-year-old girl to help out a couple times a week.

Sonnichsen says it is important for the schools to reach out to the community. "The schools should become an integral part of the community and help any way they can. Older people are still supporting the schools. This is one way they can see use of their tax money."

One of the program's goals, like every other program Sonnichsen started, is to build self-esteem. "The kids learn service, feel useful — and are useful. They feel that they amount to something, get work references and earn a little money."

Even though the program lasted only two years, she doesn't feel it was unsuccessful. "Three hundred and fifty people have been helped, and some real love relationships have developed," she says. "One student I know stayed in touch with her 'grandmother' through college."

Sonnichsen also started a work-study co-op program so that kids could work in food service operations, much like an apprenticeship or college internship, and get exposure and experience in the field.

This program no longer operates, but another Sonnichsen program does. She helped some students start their own small business, a lunchtime grille at the school. She recalls that at the outset she offered the students the choice of using funds she would supply or earning the starting capital themselves. To her surprise and delight, they opted for earning their own money.

The first person to receive the home economics award in Sonnichsen's honor is John Miganelli, an alumnus of the lunchtime grille program. Miganelli plans to go to Newbury Junior College in September to pursue a career in culinary arts.

His interest in the field, he says, began in his eighth grade cooking class, and continued through a high school chef's class and the grille. He is now working in the kitchen at the Marriott Hotel in Burlington.

The Arlington Advocate

About Arlington People

At Lutheran Synod

Earl and Eleanor Koester of St. Paul Lutheran Church, Concord turnpike, were among 450 delegates at the recent New England Synod, Lutheran Church in America, convention. Marilyn Waelber was elected a delegate to the national convention. The synod voted for a peace emphasis, civil rights for gays and better ministry to the disabled.

classical languages at Hamilton College. The prize provides two scholarships for students who are taking Greek or Latin. Awards are made on the basis of scholarship standing, character, and salutary influence on the life of the college.

Harrison, daughter of Susan Harrison, is a sophomore.

Fenn Is Named

Thomas Fenn has been named a juvenile justice specialist with the Juvenile Justice Project in the office of the Middlesex County District Attorney. The program concentrates on prosecution of serious, habitual and repeat juvenile offenders.

Fenn will work with witnesses and victims of juvenile crime and will evaluate community programs which provide services for adolescents and prepare dispositional recommendations on cases. He is a graduate of University of Arizona. He has had extensive experience as a child care worker and worked for the New England Home for Little Wanderers. He has worked with juvenile offenders in Arizona.

Pianists Win

Marc David Brammer and Theodore J. Perkins, piano students of Jane Winchell, recently won District Membership in the National Fraternity of Student Musicians by performing in the National Piano Playing Auditions.

McCarthy In Spain

One of 60 students to study Spanish in the University of Kansas Summer Language Institutes this summer is Brian T. McCarthy of 71 Bellington St. He is attending an eight-week institute in Barcelona, Spain, which includes travel and four weeks with host families.

Powers In Film

Phyllis Powers, of Arlington was recently featured in the Hospice Care documentary "The Hospice Concept: Dying with Dignity."

Powers, who recently lost her husband Bill to cancer, spoke of his special relationship with Dr. Bob Liberman, Hospice Care medical director, and how participation in a Hospice-sponsored Bereavement Group helped her through the painful months following her husband's death.

The film will be used in community education, Hospice Support Worker training and fundraising.

McMahon Named

Arlington resident Catherine McMahon has been promoted to account executive at Blouin & Company Inc. McMahon, previously assistant account executive, has responsibilities for the Home Owners Federal Savings & Loan, Ben Franklin Mortgage Corp., American Computer, and Clinical Lab Products accounts.

McMahon joined Blouin & Co. in 1984 as traffic manager. Prior to joining Blouin & Co., she was promotion director for the American Stage Festival in Milford, N.H. McMahon graduated from Wellesley College in 1980.

Slate Named

Jonathan Slate has been appointed project assistant for the Financial Forum Inc., a Boston and Wellesley financial advisory firm. Slate, a graduate of Arlington High School and Colby College, plans to become a financial advisor. He is in charge of investigating and analyzing investment and tax data and for organizing client projects.

Kane Exhibits

Erica Licea-Kane of Arlington, a Somerville High School art teacher, exhibited her fabric art in an alumni art exhibition at Massachusetts College of Art.

She received her bachelor's degree from the college in 1980 and her master's in 1984. While getting her master's Licea-Kane taught off-loom weaving and was textile conservation assistant at Isabella Stewart Gardner Museum. She is a member of the American Crafts Council, Boston Visual Artists Union and the Handweavers Guild of America.

Braucher Honor

Elizabeth Braucher was honored at a reception for volunteers at McLean Hospital in Belmont recently. She received a five-year pin for volunteering at the Friends of McLean Gift Shop.

Braucher was one of 235 people from nearby communities who donated 31,000 hours of service to the hospital this year. They worked in research laboratories, in patient units, in music and craft studios and other hospital settings.

Harrison Prize

Constance Harrison of Brattle St. was named recipient of a Dr. Edward R. Fitch Prize Scholarship in



John Tata, of Arlington lead singer and bass guitarist, will appear with BRMC, Boston Rockability Music Co., in concert with Ricky Nelson July 27 at 7:30 p.m. at Newburyport High School. Tickets are available through the Newburyport Chamber of Commerce.

Hayes' New Job

Attorney Beverly Jean Hayes has joined the Dept. of Public Health as general counsel.

She will work closely with the Office of the Attorney General, representing the Health Dept. at legislative and public hearings and advising the Commissioner of Public Health on a wide range of legal issues.

Prior to joining the Dept. of Public Health, she was an assistant attorney general under Mass. Attorney General Francis Bellotti, as Hampden County assistant district attorney, and as assistant city solicitor for the city of Springfield.

Hayes is a graduate of Wayne State University in Detroit, Mich. She received her Doctor of Law degree from the Detroit College of Law.

Gallo Elected

The board of directors of Arthur D. Little Inc. elected Samuel J. Gallo as assistant secretary of the corporation.

Gallo is a former risk manager for the firm and is corporate counsel in the office of the general counsel. His legal areas include real estate, employee benefit and insurance programs, tax matters, employee relations, contracts, legal oversight for Middle East operations and legal advice to subsidiaries.

Gallo is a member of the corporate Risk Management Committee. He is president and a director of Arthur D. Little's overseas insurance subsidiary. Before joining the company in 1979 Gallo was with Stone and Webster Engineering Corp.'s insurance department and was a claims adjuster for Liberty Mutual Insurance Co.

A 1969 graduate of University of Massachusetts, he received his M.B.A. from Suffolk in 1973 and his J.D. degree from New England School of Law in 1981. He is a member of the Massachusetts and Middlesex Bar Assns. and a director of the Massachusetts Risk and Insurance Management Society.

Gallo and his wife Maureen have three children: Christopher, 14; Daniel, 10; and Kerry, 7.

In Honor Society

Katherine Rodriguez-Taylor of 266 Park Ave. has been named to the Emerson College chapter of the Gold Key honor society. Inductees must maintain at least a 3.45 cumulative average while earning no fewer than 64 credits.

Comment

Column By
Terry Marotta

When Money Doesn't Make Sense

My kids haven't the slightest idea how money works, and it's hard to explain it to them. I'm finding.

I knew even less than they do about the stuff when I was their age. My sister and I were raised in a cashless economy. We did no purchasing of our own.

Our simple needs were provided for by invisible adult hands. Shoes, clothes, notebooks, shampoo — these fell from the sky as far as we were concerned; they grew on the apple tree outside our window.

We weren't allowed to chew gum or read comics in those days, and these two constituted the principle purchases made by other kids.

We never gave or received money as a gift — that wasn't considered at all nice by our mother.

We moved through the corduroy-and-pinafore stage and on into school uniforms innocent of all contact with

the taint of filthy lucre.

Oh, I bought a bus ticket twice a month, and I gave the fat lady with the hairnet my three pennies every day for milk in the lunchroom.

But for the most part money to me was something to play with. Pennies were fun for putting in your mouth, and nickels were great for stacking and building into little forts and kingdoms.

Even now, I enjoy a little coin-stacking on a rainy Saturday morning.

As a result of this unworldliness, I developed a notion over time that when I had kids myself, I'd raise them differently. Only it doesn't seem to be working out that way.

My kids are the dumbest ones on the block with respect to money. The little boy down the street offered our six-year-old first refusal on a piece of linty gum. She gave him ten dollars

for it, which she fetched up without batting an eye from some stash of birthday money presented by grandmas grown less fastidious over the years about cash gifts.

I gave her older sister three dollars to spend for incidentals on an outing. She came back with a green complexion, jaws slack and exhausted from gum-chewing, and cleverly hidden in the deepest recesses of her totebag, ten packages of Alexander-the-Grapes.

How to teach them more about the value of a dollar, then? Give them a weekly allowance the way the other parents in the neighborhood do? It seems like the right idea.

They could buy their own lemonade at the swimming pool, and pay their own fines for books overdue at the library. The rest would be theirs to spend as they liked.

On what, though, I find myself

wondering? Cheap dolls whose heads loll horribly when you bathe them and pop off once and for all when you brush their hair? The same comic books that were bad for my little mind in 1956?

Smileys? Nerds? GUM-MYBEARS, for heaven's sake — all of whose tiny cardboard boxes hold more nutritional value than the candies inside them?

It's a problem, all right. I want to fit my children for life in the world, like any other parent. I want them to learn how to swim in the big waters.

I guess I'm just a little embarrassed at how polluted those waters have come to be — ashamed, maybe, to introduce them to our habit as a culture of spending so freely.

I guess our kids' problem will right itself before long, though. The oldest has begun asking some very pointed questions lately — what did our house

cost? How much would one DAY of college be? What do we both make in a week?

We answer her evasively. Sex was a lot easier to explain about than money turns out to be. This same child described the mysteries of conception to the Electrolux man when she was no more than three.

She's always been a matter-of-fact sort, and sooner or later she'll puzzle out the money question in a way that will satisfy her.

Me, though, I'm not much more knowledgeable about the stuff than I was 30 years ago, even though I write 50 checks a month and pay all the family bills.

I know it performs a dandy job on the gears of the social engine. I know it's supple and yeasty, growing in the hands of those knowledgeable about its treatment

Man About Town

We don't know how the restoration fundraising at Calvary Methodist Church is going, but the scaffolding is up around the Bulfinch tower, a good sign that refurbishing of this important landmark is under way.

Readers recently read about Helen Metros' battle against the voting laws which prevented her from being an independent candidate for state Senate. May 29 was the deadline to get on the ballot, but she could not get on as an independent since she would have had to be an independent for 90 days and she had voted in the presidential primary which was 76 days before May 29.

Her specific problem may not be covered, but proposed changes in the state election laws promise some improvements. One is that candidates who want to change parties would have to do so within six months, not 12, of the election. Another change is that papers for state office would have to be filed by June 3. Now they are due April 29, a conveniently early date for incumbents — one that falls before they have had to take many positions on issues.

Selectmen have received a letter from a resident concerned about the illegal swimming at Spy Pond. Starting early Saturday and Sunday mornings people, many in cars with out-of-state licenses, come with their swimming gear and jump right in — despite the drownings there in recent years.

A few years ago the town cut down the weeping willow branches that stretched over the edge of the pond between Linwood st. and Pond lane just so kids wouldn't swing out on ropes and jump in.

In addition to the concern about another drowning in the pond, which is weedy and deep, neighbors are inconvenienced by cars parked all day on their streets. There is a safe place for swimming — and clean water — at the Reservoir Beach on Lowell st. which recently had the biggest day in its history.

Gee, it's great to see that another Kennedy is going into politics — and starting at the bottom and working his way up. The Boston Herald Eye column recently reported that Teddy Jr., a new resident of Somerville, commissioned a poll which showed he would win Thomas P. O'Neill's seat for Congress (and half the people surveyed didn't know O'Neill was their congressman). Maybe Kennedy should have moved to Arlington first and gotten his start in Town Meeting before aspiring to follow in the steps of the Speaker of the House.

According to Boston Business Journal, the Associated Building Contractors are considering a question on the 1986 ballot which would allow voters to change the 71-year-old prevailing wage law. That law requires communities to pay a wage set by the state based on the union rates in the area. It means that small rural towns have to pay much higher labor costs than workers in their communities normally earn.

The article cited examples of Rowe, with 400 people, which gave up plans to build a fire station because the cost would have gone from \$316,000 to \$416,000, and Westminster where cost of a school roof went up \$30,000. A major problem with the Massachusetts law, unlike its counterparts in other states, is that it does not have a threshold exempting small projects.

'Immoral' MTV Isn't For Family

EDITOR'S NOTE: The following letter was sent to Arlington Cable Systems

GENTLEMEN:

I am writing this letter to protest the inclusion of MTV (Channel 45) as part of the basic package offering.

I feel strongly that the nature of the programming on that channel, which I consider immoral and offensive, should be an optional offering — and replaced with a "family-oriented" programming channel.

Sincerely,
Charles C. Chronis

EDITOR'S NOTE: Arlington Cable Systems General Manager Tony Peduto responds that the cable station will also be carrying WTJV, UHF channel 66, because the FCC has ruled it is a must-carry channel. WTJV shows music videos similar to MTV. If the station dropped MTV or made it optional, it would still have to carry WTJV.

"Our feeling is that although some people purchasing cable protest MTV, that is without merit because they are getting the same thing in an over-the-air channel, over which we have no control," Peduto said.

"MTV is still one of our most popular channels offered and we get a lot of good comments. We get some customers because we do offer MTV. More people would be upset if we take it off the basic service."

Phone System Has Poor Tone

TO THE EDITOR:

I'm sure the Town Fathers proudly proclaim Arlington as the birthplace of Uncle Sam. Their recent choice of a new telephone system makes one wonder how really patriotic they are.

The switching system and all the telephone equipment they have purchased bears the label of made in Korea or made in Japan. What ever happened to made in U.S.A.?

Sincerely,
Daniel J. Doherty

Corrections

An item in last week's Advocate misreported a vote taken by the Board of Selectmen.

Selectmen voted 4 to 1 against supporting Town Manager Donald Marquis' petition to put a referendum on the 1986 state ballot mandating more state aid to towns.

Selectman Janemarie Hillier cast the vote in favor of the petition. "This would keep the forces more alert to the depth of our concern about Arlington's financial position," Hillier told The Advocate, adding that she was concerned that the next chance to put the referendum on the ballot would not be until 1988.

A caption to a photograph on page 2 last week misrepresented the history of 860-862 Mass. ave., where construction for a new branch of Cameras Inc. is under way. Avenue Drug was the last business to occupy the space. Cameras Inc. will retain space at its present location, 713-715 Mass. ave.

Reader Supports Toxic Waste Bill

TO THE EDITOR:

Hazardous waste disposal is an issue which will only become more crucial in the coming years. We have in Massachusetts an estimated 1,000 toxic dumpsites; who knows how many more people and neighborhoods will be imperiled by them? Where will the next Woburn be?

To preserve water quality and hence the quality of life in the commonwealth, Senate Bill S. 1214 (known as the "1-5-10 Emergency Cleanup") mandates that all hazardous waste sites be identified within one and a half years, all sites threatening public water supplies and health be contained within five years, and permanent cleanup be completed where technically feasible within 10 years. A commission will develop a scheme for public and industry funding of these objectives within six months of passage.

Ambitious? Yes, but consider that the current "Superfund" will only clean up the sites now known to be the worst over a 30 to 40 year period. And consider the consequences of inaction for families and property owners facing invisible danger from underground. Massachusetts deserves nothing less than a total commitment to a safe water supply.

To hear how you feel about this issue, Representative Mary Jane Gibson has graciously agreed to attend a citizen's meeting on Thursday, August 1, at 7 p.m. in the Belmont Town Hall. Her active support of the 1-5-10 Emergency Cleanup Bill in the legislature will be a great help in its eventual passage, but our individual support must be the first step. If you care, let her know.

Thomas Lucci
Mott st.

Section 8s Are Bound In Red Tape

TO THE EDITOR:

I was very interested in the story about the welfare mothers, and their search for housing under Section 8.

At one time I thought that Section 8 was a wonderful aid for low income people, but the people in charge are not out to help those who are eligible.

My daughter was given a Section 8, which allowed \$535 per month for a 2 bedroom apartment with all utilities. In today's housing market, that is pretty difficult to find.

She finally got a place in Watertown, in a nice section. Has a yard, driveway, and she was thrilled. The owner let her move in, in June, rent free, to give her time to get settled.

Then the "inspector" came from Section 8 and he found so much fault: it was unbelievable. When the owner saw the list he went along with some of the repairs but he did have other people anxious to take the apartment, as is. My daughter had till July 22 to have all repairs done or she is taken off Section 8. Just like that! I guess it's better for a young mother and a two-year-old baby girl to live on the street.

What makes me very angry is that I have seen some apartments that have been OK'd and they are terrible!! Not to mention the condition of the housing projects that people are living in.

Just thought I'd let people know that just because there are programs to help the low income families, it doesn't mean that people can make use of them, because of the ridiculous restrictions a lot of people are homeless.

(Name withheld on request)

Parents Fail School Supt. On Courtesy

TO THE EDITOR:

What a disgrace to have the superintendent of schools make a conference with parents and the principal and then have the audacity to be absent from the conference without the courtesy of notifying the parents beforehand — Shame! Shame!

Anyone (like Principal Stephen Diotti) can sit in a chair, smile and refuse to rectify errors made by the School Dept., especially when his employer (Supt. Walter Devine) showed no concern with his poor attitude.

When we expressed our disappointment over Devine's rudeness, we mentioned writing to The Advocate.

Twenty minutes after our conference ended, Devine telephoned our home to see if we would like to meet with him again. We certainly were not pleased with his behavior.

Is this quality leadership?

(Two Dissatisfied Parents (names withheld on request))

EDITOR'S NOTE: Supt. Walter Devine declined comment.

Rosboroughs Give Advice On Legislation

TO THE EDITOR:

Ray and I are no longer Silver-Haired Legislators, but we thought you, as advocates and consumers, would like to know about legislation relating to the future of the Silver-

Haired Legislature.

The recent budget was engrossed by the Senate and the House and signed July 3 by Governor Dukakis. The SHL has been transferred to the Board of Regents with a budget of \$30,000.

Still pending is Senate Bill 2209, under Sen. Edward P. Kirby (722-1330). It has been passed by the Senate and is now in House Ways and Means (Rep. Richard A. Yoke, chairman, 722-2380).

SB2209 would make the SHL a permanent entity. It would also reinstate the democratic rule of allowing incumbents to compete as senator or representative in his/her respective district.

The bill includes a preamble providing for a special election within 60 days to fill the existing empty seats created by the undemocratic rule, first initiated by the Dept. of Elder Affairs, that limited seniors participation in their election process.

Sincerely yours,
Pearl M. Rosborough
Past SHL Rep., 36 Middx District
Raymond A. Rosborough
Past SHL Sen. Middx & Suffolk Dist.

Town Will Want More Buses

TO THE EDITOR:

Keeping Arlingtonians fully informed on how to get to Alewife Station via Mass. ave.

Currently buses via Summer st. and from Burlington to Arlington Center go to the station every half hour. The wait is too long.

To the anonymous writer on this problem: never be reluctant to sign your name when you have something

to tell the public. Why fear or be intimidated by critics? I ignore my critics like the plague.

To The Advocate's columnist Man About Town, I garnered this information from a very astute Arlington official — in Sept. 1985 every third bus will go to Alewife Station, the others will go to Harvard Square. This sparse service will never satisfy Arlington commuters during peak hours (7 to 1 a.m. and 4 to 6 p.m.).

The buses to Alewife cost the town money, but it is well worth it and a very necessary expense.

Having been in transportation for 40 years and riding the system for 80 years, I rate the MBTA no. 1 in the country — if you have been to other parts of the country, compare the systems. No contest.

Projection: In 20 years, to the Cape from Arlington via MBTA.

Old Timer.
Bill Santo

Rescue Squad Is Praised

TO THE EDITOR:

We would like to express our thanks and appreciation to the Arlington Rescue Squad for their prompt and efficient response on the evening of June 20, when our sister became ill and they transported her to Symmes Hospital.

Their procedures were excellent, their concern most evident. A fine group of men.

To all the Rescue Squad members and also to Officer Hughs, a sincere thank you.

A. Lemos
G. Shea



The Arlington Advocate

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That people everywhere may better understand the
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Svelte By Suggestion: Just Never Say, 'Diet'

BY SETH BORENSTEIN

There are three types of food: good, OK, and diet. For the past few weeks, I have avoided type number one, and feasted — if you can call it that — on type number three.

After trying on some clothes, I found that, like the universe, my waist is expanding. If part of me has to expand, I'd rather it be my height, not my width. But it seems I have no choice but to try to reverse the trend — which may be as easy as corking up the universe.

However, that is not the way to diet. The proper dieter has a good, positive attitude about losing weight. I love dieting.

Some people like a nice gooey hot fudge sundae with chocolate ice cream. That's far too bland for me. I'll take carrots anytime.

I know of people who love greasy onion rings with their lunch. That's far too boring. I'll take carrots anytime.

I have friends who cannot resist potato salad, French fries, potato chips, or anything that used to be a potato. I also like to eat things that grew in the ground — carrots.

Your can keep your rice pilaf, steak, lima beans, beef, cheesecake, pizza, chocolate, pastries, bread, pretzels, baked beans, baklava and puddings. I'll take carrots.

When I'm sick of carrots — and who could be sick of such a spicy, sweet vegetable? — I get daring and eat sunflower seeds. For lunch

there's always yogurt and cottage cheese, who needs macaroni and cheese, or sweet-and-sour eggplant?

I also love watching my friends who eat normally as they slowly ingest hot fudge sundaes.

As they smile and wipe hot fudge from their lips, I think, "Gee, I'm so lucky that I love to eat non-fattening, neat carrots. Hot fudge looks so disgusting." The next time you order chocolate pudding, call me over so I can gloat, while watching you suffer.

While I'm listing the things I love, I also love exercise. I cannot think of a more enjoyable way to spend an hour than sweating like a pig and running around the same place over and over.

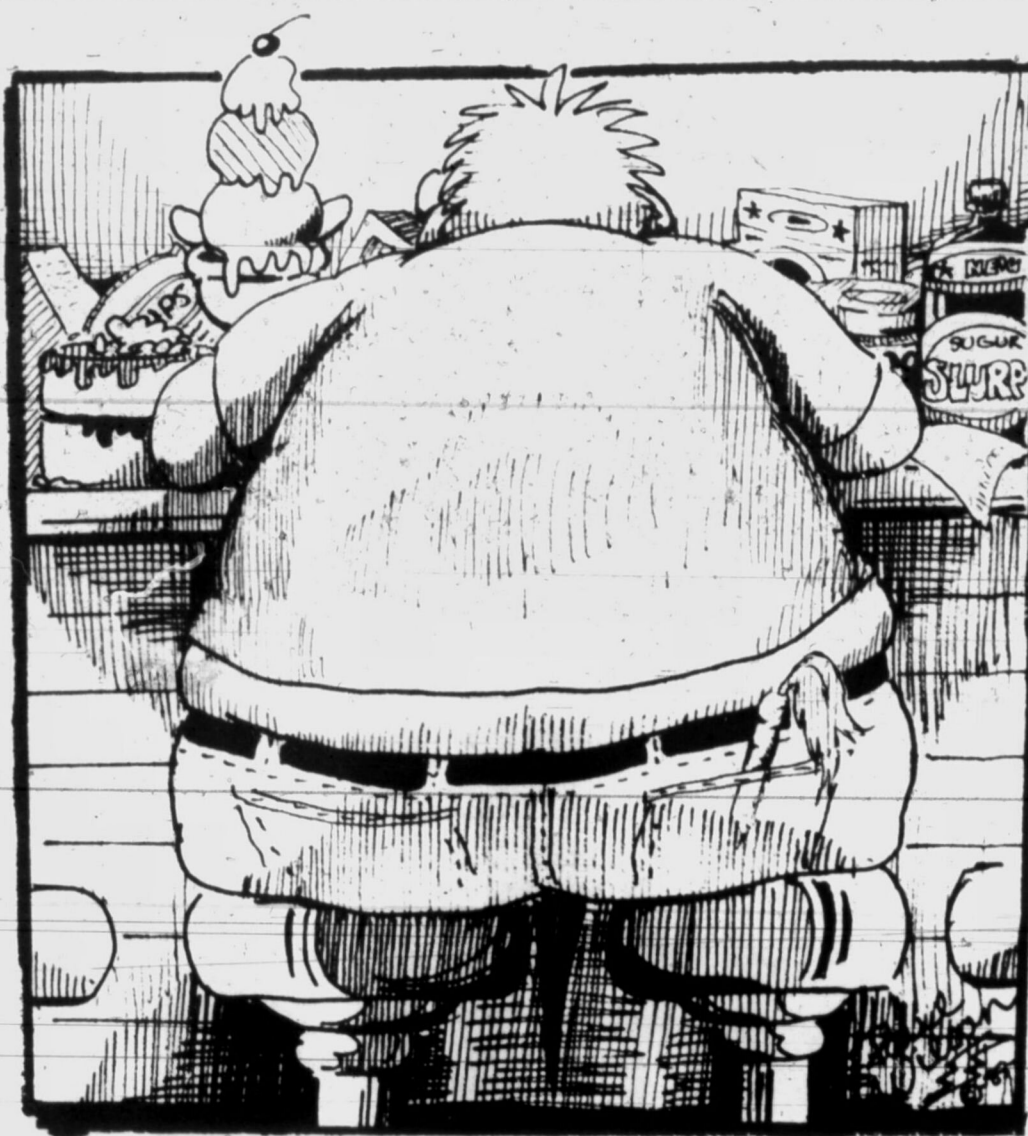
With entertainment like that, who needs movies or theater?

Another reason I exercise is because I especially love pain — doesn't everyone? To me, Runner's High is when I double over with a cramp in my stomach and dead thighs.

There are other things I love: drinking castor oil, going to the dentist, getting a tetanus shot, stepping on glass, skinning my knee, and cutting my face while shaving.

As they say, dieting is only a matter of positive attitude. If I think that dieting is fun, I'll enjoy it and lose weight easier.

I feel thinner already. So maybe I should stop trying to diet. Having a positive attitude is awfully difficult on the taste buds.



Cable Channel Plans To Raise Its Rates

By Linda Rauch

Arlington Cable Systems will raise its monthly rates for basic and premium services Sept. 1.

The basic monthly rate will be \$10.95 a month and all premium services such as movie channels, Sport channel, and New England Sports Network will be increased to \$8.95 a piece per month.

Rates are increasing, according to Anthony Peduto, general manager of Arlington Cable Systems, because the company is upgrading office and customer services.

Peduto adds that customers have the option to buy a package of premium channels for a lower cost than buying the channels separately.

The rate increase will go toward upgrading the customer service and the office equipment, according to Peduto.

New services include cable repair on holidays and Sundays, new channels, and expanded broadcast of old channels. Since March, 1984, the Financial News Network, WNDS in New Hampshire, and New England Sports Network have been added to the system.

Volunteers For Elderly Needed

Volunteers are urgently needed by the visiting nurses to help the elderly as escort companions. No driving is necessary. Anyone who can help, please call Sue Culhane, Visiting Nurse and Community Health at 643-6090.

Letters Policy
Letters to The Editor are welcome on matters of interest to local readers. Deadline for submission is 4 p.m. on Monday. Letters should be typed, and limited to 250 words.

Lieselotte Suskind, M.D.
moved her office to
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492-0701

Rheumatic hearts

About 1.91 million adults and 100,000 children in America have rheumatic heart disease, according to the American Heart Association.

Rep. Gibson Outlines The Education Bill

By REP. MARY JANE GIBSON

Last week the legislature enacted the conference committee's report on the (long time coming) education reform bill. Several years of considerable effort on the part of many legislators, educators and interested citizens produced two very different versions by the House and Senate and now the resulting compromise. While not the comprehensive reform hoped for, it 1989 shifts the emphasis in education legislation from mandates to incentives.

My views and votes have been shaped by discussions with the great many educators and interested activists in our district who have been in touch with me about their concerns. Some of those concerns have been addressed. Some are still ahead of us.

There are six major sections dealing with equalization of resources and targeted assistance, community involvement and support for the schools, education standards and student testing, professional development, enhancing incentives for the profession and instructional technology.

The highlights of the bill include:
•Essential skills grants, to be used for drop-out prevention and remedial programs.

•Equal educational opportunity grants to reduce the gaps among districts in relation to per pupil expenditure.

•Early childhood education grants.

•School improvement councils, which will receive an annual allocation of \$10 per student. Each council will be comprised of principal, teachers, parents and a school committee appointee. The funds will be used for innovative programs and projects chosen at the individual building level, subject to school committee approval.

•Curriculum assessment by the Board of Education.

•Basic skills testing developed by the Board of Education.

•An office for the gifted and talented within the Dept. of Education.

•Minimum annual teacher's salary of \$18,000 for teachers hired after July 1, 1985, at local option, with the provisions that school districts agreeing to the minimum will receive grants from the state in fiscal years '86 and '87 to raise salaries of all their teachers to \$18,000. Compensation after 1987 will be studied by a special commission.

•Salary enhancements, at local option, would be made to school districts by the state. State funded increases for teachers would amount to \$650 in 1986 and \$450 in 1987 and be disbursed to teachers through collective bargaining.

•Horace Mann grants in the amount of \$2,500 each for teachers who assume expanded responsibilities.

•Lucretia Crocker fellowship awards to teachers for sabbatical leaves to disseminate exemplary educational programs.

•Teacher and administrator evaluations for tenured faculty every other year and non-tenured faculty annually.

The greatest interest was expressed around the issues of teacher compensation and accountability, graduation standards for students, and professional standards for teachers. We are still a long way from satisfying all these concerns.

Anyone who wants a copy of this bill or who has specific questions about it is welcome to call our office at 722-2200 or write to me at Room 370, State House, Boston, 02133.

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Jesus be adored, glorified, loved
and preserved throughout
the world now and forever.
Sacred Heart of Jesus pray for
us. St. Jude, worker of
miracles, pray for us. St. Jude
help of the hopeless, pray for
us. Say this prayer 9 times a
day, by the 8th day your
prayer will be answered. It has
never been known to fail.
Publication must be promised.
My prayers have been
answered.
K.S.

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Cammarata is co-owner of Two Guys Enterprises, a video-production company located at 351 Highland Ave., Somerville. For more than ten years Cammarata has been involved with film, having produced work that has been shown on local television and dealing with major Hollywood studios.

Two Guys Enterprises will shoot anything from a wedding, party, or sporting event to a rock band promotional tape or piece intended for television. In addition to receiving the vast experience in filming that Cammarata possesses, his clients are also the beneficiary of more than ten years of experience in producing and directing.

"Of course we do weddings and parties," explains Cammarata. "However, the majority of our work is commercial. For example a rock band might need a promo tape or a real estate agent may want to show a house on video to a client instead of visiting it." Cammarata can produce work that is ready for television broadcasting. He also does super 8 and 16mm sound-filming.

Rates for filming can be made by the hour or a flat rate for a production may be used. Videos are available in 1/2-inch, 3/4-inch, and one-inch reel to reel. Cammarata can also provide high-speed Beta Cam work if requested.

Cammarata will consult with clients in their home or office by appointment if necessary or at the studio at 351 Highland Ave., Somerville. Walk-in service Tues. - Fri. 1:30 - 8 and weekends by appointment only.

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